



Epilepsy

Epilepsy is a neurological disease, characterized by recurrent seizures and affects approximately 1 in 100 people in Ontario. It can develop at any age and most of the time, the cause is unknown.

For more information, visit www.epilepsyresource.org or call Epilepsy Southeastern Ontario at 613-542-6222.

www.kflaph.ca

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If your child has epilepsy:

- Work with your doctor to complete a written Seizure Response Plan to provide to the school.
- Make sure to tell your school principal and teacher that your child has epilepsy or seizures.
- Ensure that the information on file is kept up-to-date, including any changes in medications
- Request an epilepsy education session for your child's classroom and school staff.
- Learn about the "Thinking About Epilepsy" program for Grade 5 students. It helps students to react appropriately and sensitively to someone who is experiencing a seizure, while reducing stigma.