



We're Putting Wellness First



We're Turning Innovation into Action



We're Committed to Collaboration

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NOMINATION FORM – Wess Garrod Award

When Wess Garrod retired in 2006, a HEAL plaque was given to him as a reminder of the dedication he gave in the area of staff and student wellness. The plaque will be given out on a yearly basis to an employee of the Limestone District School Board who has contributed in a variety of ways to the promotion and improvement of Healthy Living for All **students and staff**. When thinking about initiative and leadership in this area you may wish to consider a person who:

- Started up a new activity or program at the school that has contributed to student and staff well-being
- Ran an intramural program or club that contributes to healthy active living
- Initiated a staff event or program that supports employee wellness • Began a Fitness Leadership program within the school
- Taken the lead on an event related to healthy active living in which students have been engaged in the planning and implementing of the event
- Supported colleagues during times of stress and contributed to the school being a healthy workplace

Please submit your application by email, courier or fax 544-8501, no later than **Friday, May 25, 2018 to:**

c/o Karen Marr
Human Resources
LDSB Education Centre

A one-page citation (double-spaced) suitable for use by trustees or a HEAL representative for a presentation ceremony must also be included as part of this submission. Please e-mail the citation as a separate document, along with the completed Nomination Form.

Name of Nominee:

School / Site Location:

Date:

Please provide description of nominee below:

SEE YOURSELF IN LIMESTONE

Limestone District School Board is situated on traditional territories of the Anishinaabe & Haudenosaunee.

Paula Murray (Chair) | Debra Rantz (Director of Education and Secretary) | Paul Babin (Treasurer)