Sports Injury Management is geared toward students interested in pursuing a career in the sport science field, including athletic therapy, physiotherapy, massage therapy, sports training and sports medicine. It is a 3 credit program with an option for a fourth credit in senior English (3C or 3U), and is intended for both college and university bound students. Participants will study the structure and function of the human body and learn to recognize the signs of symptoms of various injuries and disorders. Students will also learn how to prevent, assess, treat, and manage a variety of both life threatening and non-life-threatening injuries.

Through the development of leadership skills, students will gain the confidence they need to apply their skills in practical situations, working with local elementary schools and other relevant placements. If you've ever considered a career in sports therapy or sports medicine, this course will provide you with the experience and knowledge to make an informed decision about your future, while providing you with certifications that will help you in that journey. Students will have the opportunity to enhance their Sports experience by participating in the Specialist High Skills Major in SPORT.

Possible Occupations: Athletic Trainer • Athletic Therapist • First Responder • Massage Therapist • Physiotherapist • Sports Medicine

Suggested Prior Courses
- Biology
- Health & Physical Education
- Science

Costs
Additional Costs:
$250 - consumable training materials

Credits
Semester Offered: 2
- Biology: SBI 3C/3U, 4U
- Science: SNC 4M
- Recreation and Fitness Leadership: PLF 4C/IDC 4U

Expanded Opportunities
Specialist High Skills Major

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