

SCREEN AGERS **NEXT** **CHAPTER**

UNCOVERING SKILLS FOR STRESS RESILIENCE

High Stress, Anxiety and Depression are experienced by millions of young people. We follow physician and filmmaker, Delaney Ruston, as she discovers solutions for improved adolescent well-being in the digital age.

**Hosted by KCVI
School Council**

Everyone is welcome to attend the screening on

Wednesday, February 19, 2020

at 7:00 PM

in the

KCVI Auditorium