

Request for Exemption from Instruction in Human Development & Sexual Health

I have reviewed the Human Development and Sexual Health expectation in *The Ontario Curriculum, Grades 1-8: Health and Physical Education, 2019* for my child's grade, and I would like my child to be exempted from instruction related to these expectations, without academic penalty.

During the exemption period, I would like my child to [select one only]:

- Option 1: be released into my care as parent/guardian or the care of my approved designate
- Option 2: remain in the classroom without taking part in instructional activities related to Human Development and Sexual Health (I understand that my child's activities unrelated to Human Development and Sexual Health during the exemption period will be at the discretion of the teacher)
- Option 3: leave the classroom and remain in the school under staff supervision (I understand that my child's activities during the exemption period will be at the discretion of the teacher or principal) *Note: While the school will make every effort to accommodate your request, a school's ability to effectively supervise students may not be operationally feasible.*

NOTE: If one of the three options above is not selected, the principal or principal's designate will determine where in the school the child is to remain during the exemption period.

Parent/Guardian Agreement

As the child's parent/guardian, I understand and agree with the following statements:

- The Human Development and Sexual Health expectation in Strand D of the Ministry of Education's Health and Physical Education curriculum are different in every grade, so I must submit a completed exemption form every school year, for each child, in order for the child to be exempted from instruction related to Human Development and Sexual Health expectations in that school year;
- References to, or conversations about, sexual health-related concepts among teachers, school staff or other students outside formal instruction in Human Development and Sexual Health are not subject to this exemption;
- My child will continue to receive instruction related to all other elementary health and physical education curriculum expectations;
- Requests for exemption made by phone, or exemption forms or written requests that do not have a parent/guardian signature will not be accepted; and
- This exemption form must be returned by _____ [enter date] for my child to be excluded from instruction related to the Human Development and Sexual Health expectations in Strand D of the Ontario Curriculum: Health and Physical Education, Grades 1-8, 2019

Last Name of Student:	First Name of Student:
Parent/Guardian Name:	Parent/Guardian Signature:
Grade and Name of Teacher:	Date:

This form must be received by the school no later than five school days before the start of the period of instruction. If you do not receive a written acknowledgement, please contact your school principal.



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Innovation into Action**



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